

**Committee Chairmen**

- Amenities
- Abused Women
- Arts in the Community
- Calling Committee
- Conservation
- Education
- Home Life/Helping Hands
  - Guest Home
  - Spiritual Values
  - International Affairs
- Public Affairs
  - Health/Safety
  - Historian
  - Veterans/Phones
  - Women's History
- Public Relations
  - Newsletter
- Fund Raising/Tea
- Summer Bunch

- Suzanne Rodriguez
- Mary Gabaldon
- Jan Lowell & Barbara Tharp
- Barbara Lanphere
- Tessie Alvernaz
- Fran Swartz
- Fran Swartz
- Joan North
- Jan Lowell
- Lucinda Peck
- Elaine Brack
- Brenda Gill
- Dori Campbell & Marilyn Buckingham

**Multitasking is  
nothing new  
for people  
my age...**



**I can laugh, cough, sneeze and pee  
all at the same time.**

9/15/05

**NEW YEAR'S PUNCH RECIPE**

TAKE one person – YOU.  
 PEEL OFF all layers of selfishness, egotism, and self-pity.  
 REMOVE all seeds of unkind thoughts and words.  
 CUT OUT all prejudices, worries, and unhappy emotions.  
 To this now add:  
 TWO honest-to-goodness beliefs that all life is precious  
 and worth living.  
 MIX these well. Now blend in the idea that you are some-  
 body.  
 SEASON with a sense of humor, smiles, and optimism.  
 STIR GENTLY with love.  
 NEXT ADD a heaping tablespoon of determination to try  
 your utmost to do your very best each day.  
 GARNISH with a pleasant disposition and words of en-  
 couragement to others.  
 SERVE with gentleness and hope.  
 NOW WATCH YOURSELF AND OTHERS AND HAVE A BEAUTIFUL YEAR!

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GREETINGS

Birth day Ladies!